

What is The Buddy Program?

The Buddy program is here to connect you with our new international, exchange and program students every semester.

As a buddy you will help students when they first arrive to Jönköping by answering their questions and be their friend, especially in the beginning of the semester and hopefully for a longer time,

Many of the new students are unfamiliar with JU, Sweden, and the Swedish culture. Many are also searching for new friends in this new city - that is why they need you as a Buddy . And who knows you might be friends for life .

IAC will organize activities for you throughout the semester.

THE BUDDY PROGRAM

coordinated by   JÖNKÖPINGS
STUDENTKÅR



Keep up with us!

 Jönköpings Studentkår

 @iacjkpg



How?

BE READY!

The students may have some questions about Sweden, University life, cheapest supermarket, or the coolest cafés in town. Provide them with the information you got (or you may also find it out together).

BE OPEN!

International students are from all over the world; their culture may differ and may be new to us. Tell them about yours & acknowledge theirs - embrace the differences

BE A BUDDY!

Finally, welcome your new mate! Take initiative and get in touch with them.

Remember...

You are a buddy for the whole semester!

Sometimes, contact is lost with your international student during the semester. If this happens send an email to integration@js.ju.se

Keep in mind that IAC offers different "Buddy-activities" exclusively for the buddies every month.



As a Buddy, you will receive a LIT patch, study abroad points, & a certificate of acknowledgment.

Things to do together

These are our suggestions for fun activities but feel free to think outside the box :)

- Go for events.
e.g., Buddy game night, buddy bowling, hikes, trips, & other association activities.
- Visit the cool spots in Jönköping e.g., cafés, restaurants, or AKA.
- Explore nature.
Jönköping has several beautiful spots scattered outside of the city center. Waterfalls, hiking tracks, and Vättern.
- Visit the candy cane factory in Gränna and enjoy Visingsö for a day trip.
- Have some fika or Swedish meatballs in IKEA.
- Have some international dinner together with others & share cultures.
- Join different student associations
- & don't forget to have fun!

