# HEALTHCARE GUIDE

# Studenter Emellan

Inquiries regarding and ideas for the work on health and wellbeing that is carried out by the JSU committee Studenter Emellan should be directed to its Head. The committee works in cooperation with the Student Union to ensure the health of students through events, lectures, and so on.

Tfn +46 760 48 42 62 ordf.halso@js.ju.se

Student Health Care Student Health Care is open to all students at Jönköping University, and staff are bound by patient confidentiality. It offers the use of its light and resting rooms, which can alleviate symptoms of depression and stress (note that a valid student ID must be shown).

Students' House, building D, ground floor Gjuterigatan 3A studenthalsan@ju.se

### 1177

The website 1177.se/otherlanguages offers medical advice in

several languages. It is possible to speak to a nurse in Swedish via their phone service.

Health centres in the Jönköping region

Health centres offer assistance with a wide range of medical issues, and when necessary can refer patients to the hospital. When the health centre on campus is closed, the three emergency centres that are open during evenings and at weekends can be contacted by calling 1177.

### Sexual Health

The STI Clinic investigates and treats sexually transmitted diseases. You can turn to them with questions or for investigation/ treatment.

Drop-in: Mondays, 15.30-17.00 Appointments: +46 36 32 21 40 Counselor: +46 36 32 21 35

Ungdomsmottagningen (UMO) -Young people's medical clinic There are many centres in the Jönköping Region that offer help to those aged 21 and below, with

everything from relationship issues to access to contraceptives.

UMO in Jönköping: Östra Storgatan 16B Phone: +46 36 32 98 80

## UMOse

Anyone aged between 13 and 25 can access assistance and information regarding their body, sex, alcohol and drugs, self-esteem, depression, and more via UMO's website.

Alcohol and drug abuse Junepol Myntgatan 7, 1st floor 553 32 Jönköping Phone: +46 36 10 58 62 Phone times: Monday-Friday 08.00-08.30, 13.00-14.00

#### Discrimination

Contact the representative for equal treatment for questions. There is one representative per school.

SCHOOL OF HEALTH AND WELFARE Annica Herentz +46 36 10 11 87 Annica.Herentz@ju.se

School of Education and COMMUNICATION Ingrid Bardon +46 36 10 13 90 Ingrid.bardon@ju.se

1177

VÅRDGUIDEN

Region

Jönköpings län

Jönköping International **BUSINESS SCHOOL** Peter Hugosson +46 10 17 16 Peter.hugosson@ju.se

School of Engineering Joakim Brobäck +46 36 10 15 70 Joakim.Broback.ju.se

INVESTIGATOR OF DISCRIMINATION Ann Olofsson +46 36 10 14 08 Ann.olofsson@ju.se

Equal Treatment Coordinator Siv Sjöström +46 36 10 10 55 Siv.sjostrom.ju.se

#### STUDENTHÄLSAN STUDENTER EMELLAN

JÖNKÖPING UNIVERSITY